

DIMAPUR GOVERNMENT COLLEGE

**Dimapur: Nagaland
NAAC Accredited Grade B+**

Skill Development Committee

Report on One-Day State Level Workshop on “Beauty, Self-Care and Wellness”

Organized by: Skill Development Committee, DGC in collaboration with IQAC, DGC
Date: 22nd October, 2025 Time: 1:00 PM Venue: Seminar Hall, DGC
Rapporteur: Dr. Neisetuono Kehie

The Skill Development Committee (SDC) in collaboration with the IQAC, organized a One-Day State Level Workshop on the theme “*Beauty, Self-Care and Wellness*” on 22nd October 2025 at the College Seminar Hall. The workshop was attended by 54 participants and aimed to create awareness about the importance of self-care, grooming, and holistic well-being among faculty members and students.

The workshop began with Ms. Kilangsungla Pongener, Assistant Professor, Department of Education and Member, SDC, serving as the Chairperson. She emphasized the importance and relevance of self-care in today’s lifestyle and introduced the resource person along with the activities planned for the workshop.

The Resource Person, Ms. Hukali Avito Swu, a renowned makeup artist, beauty educator, and former cabin crew professional, conducted the session. She welcomed the gathering and invited volunteers for demonstrations on makeup, facial, and waxing, during which seven faculty members came forward to participate.

The makeup, facial, hairstyling, waxing, and threading were demonstrated by students who are enrolled in the two-month Beauty Crash Course offered by the college. Firstly, makeup and facial demonstrations were conducted simultaneously. During the process, the resource person shared important insights while explaining each step of the skincare and makeup routines. The session also focused on various makeup application techniques such as foundation blending, the use of setting powder, eyelash, and selecting the correct foundation shade. Additionally, the resource person demonstrated facial massage techniques on a student using a Gua Sha tool.

Secondly, waxing, hairstyling, and threading demonstrations were carried out on the volunteers. Throughout the session, the participants raised several questions, which the resource person addressed thoughtfully, making the session highly interactive, informative, and well-received by all.





Various members of the faculty efficiently coordinated different aspects of the event:

- Registration: Ms. Nungsangtola Walling, Member-Secy., SDC
- Programme & Banner: Dr. Vinyuhu Lhoungu, Member, SDC and Coordinator, IQAC
- Physical Arrangement: Dr. G. Phukato Sema, Member, SDC
- Certificate: Er. Modozho Mathew Dukru, Member, SDC
- IT Support: ICT, DGC
- Press & Media: PMC & CSMC
- Refreshment: Ms. Asenla T. Longkumer and Dr. Ngutoli Y. Swu, Members, SDC

The Chairperson expressed gratitude to the resource person and the participants, bringing the workshop to a close. The event proved both informative and inspiring, offering valuable insights into the role of beauty and wellness in fostering overall personal development.

Recorded by:

Dr. Neisetuono Kehie
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Member, Skill Development Committee, DGC